

2015
**Grafton Recreation
Summer Brochure**



2015 Grafton Recreation Important Information

All registration will be done online at www.graftonrec.com

Policies:

- Programs are offered to Grafton residents. Non-residents are welcome to sign up for no additional fees.
- All programs offered on a first come, first serve basis.
- All registrations are due no later than one week prior to the start of the program, unless otherwise stated.
- Registrants may sign up immediate family members only.
- We do not discriminate based on race, religion, color, nationality, origin, sexual orientation or persons with disabilities.
- The Recreation Department is not responsible for lost, misplaced, or stolen items.
- No electronic devices of any kind are allowed in any program. No cell phones.
- The Recreation Department cannot dispense medication. Please make arrangements if your child needs medication.
- The Recreation Department and/or press will take photos of programs for publicity purposes.
- You will not receive a confirmation of a program unless it needs to be changed or canceled.
- Additional waiver forms may be required, please see www.graftonrec.com to download them.
- We reserve the right to cancel, change or consolidate classes when necessary.
- Each program has age requirements which will be strictly enforced.
- Parents/guardians are responsible for signing in and out their child on a daily basis.
- It is the parents/guardians responsibility to pick up your child on time. First offense is a warning, second offense \$10.00 per 15 minutes late.
- Any staff member may ask that your child stay home if there are behavioral issues.
- Please apply sunscreen to your child prior to attending any program. Bring sunscreen in a backpack.
- Staff will remind your child/ children to reapply sunscreen.
- Staff will not be able to apply sunscreen to your child / children.
- All programs are peanut free.

Scholarships are available only to Grafton residents.

All applications are available in the Recreation Office. Apply by July 1, 2015.

Refunds: Given only upon notification that **A)** the class is cancelled due to low enrollment **B)** the course requested is already filled **C)** a partial refund for a medical reason (a doctor's note required), **Programs will not be prorated/refunded if the participant misses any portion. A \$20.00 processing fee can be charged for refunds.**

For further information, please call the Recreation Commission Office at 508-839-5335, ext. 1156.
Please check out www.graftonrec.com for the latest updates.

Grafton Recreation Commissioners

Bob Fitzpatrick • Kristen Belanger • Stephen Crowley • Gina DaLan

Recreation Director: Betty Wright
Office Manager: Lynn Thurlow

Locations of Activities

Grafton Municipal Center

30 Providence Road,
Grafton, MA

Miner Field at Norcross Park

18 North Street
Grafton, MA

Riverview Park

176 Providence Road
South Grafton, MA

Ferry Street Park

114 Ferry Street
South Grafton, MA

Grafton Lions Club

68 Brigham Hill Road
Grafton, MA

Brookmeadow Park

377 Providence Road
South Grafton, MA

Perry Hill Park

3 Perry Street
North Grafton, MA

Silver Lake Beach

245 Upton Street
Grafton, MA

Airport Park

8 Bedford Drive
North Grafton, MA

Nelson Park

6 Prentice Street
North Grafton, MA



Summer 2015

2015 Summer Concerts

Time:	7:05pm
Days:	Wednesdays
Location:	Grafton Common
	rain location Grafton Municipal Center
Dates:	
July 8	Josh Briggs and Friends
July 15	Blue House Between
July 22	Throw Back To the 60's
July 29	Infractions
August 5	Pallet House
August 12	Slo Grass
August 19	Clafin Hill Wind Ensemble



Summer 2015

Look for FAMILY TRIPS

Check the web site for date and time in the near future

BLUE MAN GROUP

BOSTON DUCK TOUR

9/11 Museum & Memorial and shopping

Washington DC

New York City shopping



Summer 2015

Big Truck Day

first 200 kids get

free hats!

Time:	10:00am - 12:00pm
Date:	Saturday, June 20, 2015
Location:	Grafton High School
	Rain or shine
Cost:	Free

GET BEHIND THE SEAT



Summer 2015

The Grafton Farmers Market

Come support your local farmers

Date:	Thursdays
Time:	2:00pm - 6:30pm (dusk)
Location:	Grafton Common (rain or shine)
Dates:	June 25 - October 8, 2015
Family Day	July 16, 2015
On the Common Day	August 20, 2015



- Provide fresh, local food directly from farmers to consumers.
- To help the local farming industry remain healthy.
- To educate the community about healthy and sustainable living.
- To provide a social experience that builds community.

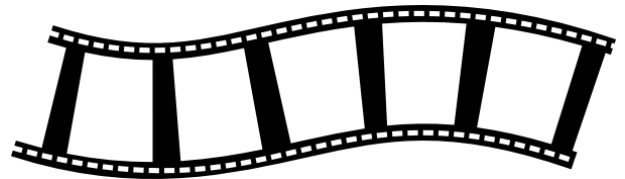


Summer 2015

New IncrediFlix Film Making Programs

Cost:	\$145.00
Time:	9:00am - 12:00pm
Date:	Week of June 29, 2015 - July 2, 2015
Age:	7 - 13 years old
Instructor:	IncrediFlix Film Making
Location:	Grafton Municipal Center Room 33
Register by:	June 22, 2015
Cost for Both Programs:	\$280.00 (Lunch supervision included)

Do you want to have a blast making a movie? You don't have to be an actor to star in these Movies that you make from "Action" to "That's a wrap." We'll guide you through the Hollywood process as you brainstorm, location scout, bring in props and costumes, act and direct in a Collaborated movie that will be fun for the entire audience. Class size: Min. 6 Max. 18.



Cost:	\$145.00
Time:	1:00pm - 4:00pm
Date:	Week of June 29, 2015 - July 2, 2015
Age:	7 - 13 years old
Instructor:	IncrediFlix Film Making
Location:	Grafton Municipal Center Room 33
Register by:	June 22, 2015
Cost for Both Programs:	\$280.00 (Lunch supervision included)

Lego Flix



We know you love Legos and can create incredible Lego worlds, now it's time to bring those worlds to life in Lego Stop-Motion Animated Flix! We provide the Legos, and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storybook, write, shoot, and voice-over in age-appropriate groups. Class size: Min. 6 Max. 24.

Summer 2015

Grafton Public Library presents Summer Stories in the Park

Time:	11:30am
Days:	Fridays
July 10, 2015	Riverview Park
July 17, 2015	Norcross Park
July 24, 2015	Ferry Park
August 31, 2015	Airport Park
August 7, 2015	Mill Villages Park
August 14, 2015	Silver Lake

Summer Stories in the Park

Bring a picnic lunch and join us as we share stories, songs, and summer fun!

Locations listed for each day, **if it's raining meet us at the Grafton Public Library, 35 Grafton Common, Grafton, MA if it's raining!**



Summer 2015

Tiny Hawks (Soccer, Basketball)	
Cost:	\$60.00
Time:	10:00am - 10:45am
Dates	
Session I	July 13, 14, 15, 16, 17
Session II	August 17, 18, 19, 20, 21
Age:	3 - 4.5 years old
Instructor:	Skyhawks Sports Academy
Location:	Grafton High School
Register by:	June 22, 2015

Skyhawks multi-sport programs are tailored to your child's age and skill level while teaching life lessons such as respect and teamwork. Hawks programs give children a fun and positive step into athletics. In Multi-sports programs, children will learn the rules and essential skills of each sport.



Mini Hawks (Soccer, Basketball, Baseball)	
Cost:	\$100.00
Time:	9:00am - 12:00pm
Dates	
Session I	July 13, 14, 15, 16, 17
Session II	August 17, 18, 19, 20, 21
Age:	4 - 6 years old
Instructor:	Skyhawks Sports Academy
Location:	Grafton High School
Register by:	June 22, 2015



Summer 2015

Quick Start Tennis

Cost:	\$70.00
Time:	9:00am - 10:30am
Dates	
Session I	July 13, 14, 15, 16, 17
Session II	August 17, 18, 19, 20, 21
Age:	4 - 6 years old
Instructor:	Skyhawks Sports Academy
Location:	Grafton High Tennis Courts
Register by:	June 22, 2015

In Skyhawks tennis programs, boys and girls learn proper grips, footwork, strokes, volleys and serves, as well as the rule and etiquette that make tennis an exciting game.



Tennis

Cost:	\$110.00
Time:	9:00am - 12:00pm
Dates	
Session I	July 13, 14, 15, 16, 17
Session II	August 17, 18, 19, 20, 21
Age:	7 - 12 years old
Instructor:	Skyhawks Sports Academy
Location:	Grafton High Tennis Courts
Register by:	June 22, 2015



Summer 2015

Multi Sports (Soccer, Basketball, Baseball)	
Cost:	\$100.00
Time:	9:00am - 12:00pm
Dates	
Session I	July 13, 14, 15, 16, 17
Session II	August 17, 18, 19, 20, 21
Age:	7 - 12 years old
Instructor:	Skyhawks Sports Academy
Location:	Grafton High School
Register by:	June 22, 2015

Skyhawks multi-sport programs are tailored to your child's age and skill level while teaching life lessons such as respect and teamwork. Hawks programs give children a fun and positive step into athletics. In Multi-sports programs, children will learn the rules and essential skills of each sport.



Multi Sports (Soccer, Basketball, Baseball)	
Cost:	\$200.00
Time:	9:00am - 3:00pm
Dates	
Session I	July 13, 14, 15, 16, 17
Session II	August 17, 18, 19, 20, 21
Age:	7 - 12 years old
Instructor:	Skyhawks Sports Academy
Location:	Grafton High School
Register by:	June 22, 2015



Summer 2015

Grafton Basketball Academy

Clinic Highlights

- Each player will receive a T-shirt and basketball
- Drill stations emphasizing individual and team building skills
- Lectures and floor hands-on demonstrations
- Game competitions
- Bring plenty of water, a hat, apply sunscreen before arriving and keep it in their bag.

Basketball Academy	
Cost:	\$90.00/first child \$75.00/second child
Time:	8:00am - 12:00pm (rain or shine)
Date:	August 3 - 6, 2015
Age:	K – 10th grade
Instructor:	Barry Coonan
Location:	Grafton Middle School
Register by:	June 22, 2015



Summer 2015

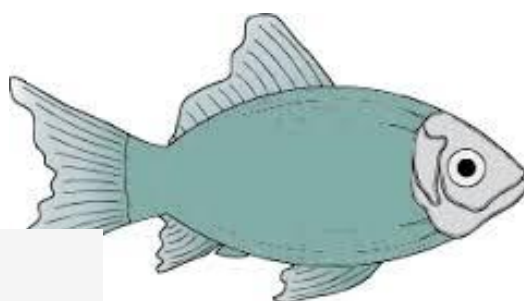
New Summer Programs

Vet School

Full Day

Do you dream of becoming a veterinarian? Grab your lab coat, animal lovers, as we learn about our favorite furry, flying and fishy friends! Make amazing animal models, build big bones and investigate animal intestines from our favorite vertebrates: birds, mammals, reptiles, amphibians and fish. Dissect an owl pellet to discover a predator's diet. Try your hand at catching some invertebrates as we study insect exoskeletons and get into tiny worlds to look at animal cells and parasites. End the week with a featured live animal visit with tips for animal care and keeping pets healthy! Class size: Min. 10, Max. 20.

Vet School	
Cost:	\$275.00
Time:	9:00am - 4:00pm
Date:	August 17 - 21, 2015
Age:	Entering Grades 1 - 5
Instructor:	Wicked Cool
Location:	Grafton Municipal Center Room 33
Register by:	August 10, 2015



Summer 2015

New Summer Programs

Rocket Science

All-new Rocket Science is a blast for any junior rocketeer! Rocket scientists will learn about propulsion by building compressed air rockets, water rockets and rockets that blast off via chemical reaction! As aerospace engineers, we will travel to infinity and beyond while learning the laws of aerodynamics and flight. For a fantastic finish, we will launch our own customized Estes Rocket on Friday (weather permitting).

Class size: Min. 10, Max. 20.



Cost:	\$175.00
Cost am & pm:	\$275.00 (Lunch supervision is included)
Time:	9:00 am – 12:00 pm
Date:	August 10 - 14, 2015
Age:	Grades 1 - 5
Instructor:	Wicked Cool
Location:	Grafton Municipal Center Room 33
Register by:	August 3, 2015

Cool Chemistry

Cost:	\$175.00
Cost am & pm:	\$275.00 (Lunch supervision is included)
Time:	1:00pm - 4:00pm
Date:	August 10 - 14, 2015
Age:	Grades 1 - 5
Instructor:	Wicked Cool
Location:	Grafton Municipal center Room 33
Register by:	August 3, 2015

Kids Cool Chemistry

Unlock your crazy inner scientist as you learn the basics of chemistry presented in an innovative and interactive way. Explore the chemical properties of rainbow slime, build a better super ball, analyze mysterious liquids, and create your own colored paste. You'll get a bang out of creating chemical reactions, growing beasts in a cup, and experimenting with amazing no-pop bubbles. Not to be confused with the boring kind of chemistry!

Class size: Min. 10, Max 20.

Summer 2015

Super Hero Engineering

Cost:	\$135.00/person
Age:	5 - 7 year olds
Date:	July 6 - 10, 2015
Time:	9:00am - 12:00pm
Days:	Monday - Friday
Location:	Grafton Municipal Center
Register by:	June 30, 2014



Save the world with LEGO® Super Heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers! An experienced Play-Well instructor

guides young heroes as they design, build, and save a city where ingenuity and imagination can solve any conflict. Class size: Min.10, Max. 24.



Super Hero Master Engineering

Cost:	\$135.00/person
Age:	8 - 11 year olds
Date:	July 6 - 10, 2015
Time:	1:00pm - 4:00pm
Days:	Monday - Friday
Location:	Grafton Municipal Center
Register by:	June 30, 2014

Super Heroes need your help to defeat the destructive forces of evil arch villains as they threaten LEGOpolis! Explore the tools and techniques of your favorite caped crusaders and learn what makes them not only Super Heroes, but super engineers. An engineering curriculum designed by Play-Well challenges heroes to design, build, and save a city where ingenuity and imagination can solve any conflict.

Class size: Min.10, Max. 24.

Summer 2015

Grafton Recreation Full Day

Cost:	\$200.00/child/week \$175.00/second child/week
Age:	6 and over entering 1 st grade in fall
Dates:	July 6 - August 14, 2015
Days:	Monday - Friday
Time:	8:00am - 4:00pm
Location:	Millbury Street School
Register by:	1 week prior to session

Children will enjoy outdoor and indoor activities on the grounds of Millbury Street School. Children are grouped according to grade and are placed under the guidance of caring counselors who greet them every morning with a smile. During the day children will be rotated through a variety of activities including soccer, basketball, arts and crafts, science projects, nature and so much more. We will also have special days for example, crazy hat day, backwards day, crazy hair day. We will have guest appearances during the weeks. Field trips are scheduled on Wednesdays. Trips may change.

ALL CHILDREN MUST WEAR RECREATION T-SHIRT ON ALL FIELD TRIPS. Transportation to Silver Lake Beach on Fridays will be provided, weather permitting. Every Friday, a certified lifeguard will test all children before they enter the water. ALL FIELD TRIPS ARE SUBJECT TO CHANGE. ENROLLMENT IS LIMITED, SO DON'T WAIT!!!!

Children will need to bring the following items daily: • Bag lunch peanut free (no glass containers)

• Plenty of water & snacks • Bathing suit & towel (Fridays) • Sneakers (no sandals/ flip-flops) • Hat and sunscreen

Week 1 July 6 – July 10, 2015

July 8 Wednesday,
Sky Zone, Westboro

July 10 Friday, Silver Lake
(weather permitting)

Week 2 July 13 – July 17, 2015

July 15 Wednesday,
Ski Ward Summer Tubing, Shrewsbury

July 17 Friday, Silver Lake
(weather permitting)

Week 3 July 20 – July 24, 2015

July 22 Rock Wall Climbing Worcester

July 24 Friday, Silver Lake
(weather permitting)

Week 4 July 27 – July 31, 2015

July 29 Wednesday, Douglas Water Slides

July 31 Friday, Silver Lake
(weather permitting)

Week 5 August 3 – August 7, 2015

August 5 Wednesday, GlowGolf in Westboro

August 7 Friday, Silver Lake
(weather permitting)

Week 6 August 10 – 14, 2015

August 13 Thursday, Davis Mega Maze,
Sterling, Ma. (weather permitting)

August 14 Friday, Silver Lake
(weather permitting)

Summer 2015

New Location Grafton Recreation Half-Day Program

Cost:	\$375.00/child/5 weeks \$350.00/second child/ 5 weeks \$100.00/child/1 week \$80.00/second child/1 week
Age:	6 years - 12 years old
Date:	July 6, 2015 - August 7, 2015
Days:	Monday - Friday
Time:	9:00am - 12:00pm
New Location:	South Grafton Elementary School
Register by:	1 week prior to session

This long-running, popular program provides a supervised setting in which your child will have fun meeting and making new friends while participating in a wide range of preplanned activities including creative arts and crafts projects, group and individual games, special events, outdoor play, and sports. Projects and activities will, for the most part, **group the children by ages**. Children are required to bring a peanut free snack, water, a hat, and come with sunscreen on every day. This program is mostly an outside program. This program is held rain or shine. (In case of any school maintenance during these weeks, another location will be made.)



Grafton Recreation Half Day Pre-School Program

This long-running, popular program provides a supervised setting in which your child will have fun meeting and making new friends while participating in a wide range of preplanned activities including creative arts and crafts projects, group and individual games, special events, outdoor play, and sports. Projects and activities will, for the most part, vary weekly. Children are required to bring a peanut free snack, water, a hat, and sunscreen every day.

This program is held rain or shine.

Cost:	\$375.00/child/5 weeks \$350.00/second child/ 5 weeks \$100.00/child/1 week \$80.00/second child/1 week
Age:	4 - 5 years old Must be entering Kindergarten in the Fall or have attended pre-school.
Date:	July 6, 2015 - August 7, 2015
Days:	Monday - Friday
Time:	9:00am - 12:00pm
Location:	South Grafton Elementary School
Register by:	1 week prior to session

Summer 2015

Outdoor Adventures

Want to learn more about archery? Have you ever canoed? Join the Grafton Recreation Commission and Fin and Feather Sports at the Grafton Lions Club this summer for an exciting four-day adventure program. All participants will need to bring the following supplies each day for being outdoors: lunch, snack, water, (applied sunscreen and insect repellent before arriving each day) hat, good walking shoes (no sandals). Activities offered during the week are fishing, canoeing, kayaking, orienteering, hiking, map reading, using a compass, and much more.

HIGH ADVENTURE WEEK: This is a regular clinic and a High Adventure clinic during these 2 sessions and any child age 12 years and up may join the High Adventure. They will take part in longer and more involved activities such as kayaking and archery competition with compound bows. Go on water fishing, learn how to and what is orienteering. High Adventure will have a field trip fee not included.

Cost:	\$200.00/person
Age:	(Ages 6 - 14)
Days:	Monday - Thursdays
Time:	9:00am - 2:00pm
Location:	Grafton Lions Club
Register by:	1 week prior to session



Session 1	July 6 - July 9
Session 2	July 20 - July 23
Session 3	August 3 - August 6 (Regular & High Adventure)
Session 4	August 10 - August 13 (Regular & High Adventure)
Session 5	August 17 - August 20

Summer 2015

Horse Power

Have a horse crazy child between the ages of 6 and 12? Horsepower is designed to give both children and their parents a broad-based introduction to horses in a fun, interactive class. This half-day program is a perfect way to get started with riding or continue to build skills! Start each session by learning to handle, groom and tack up a horse. Hillside Meadows has licensed, upbeat instructors and happy, well-trained horses will make sure you and your child have a positive first or second horse experience.



Riders will have a mounted lesson each day. Other activities will include grooming, tacking up, learning parts of a horse and learning stable management! Riders should wear long pants, shoes with a heel and appropriate clothing for the day. Helmets will be provided Please apply sunscreen before attending and bring water and a peanut free snack each day.

Each week is limited to only 8 students. A special waiver form will be needed to sign at Hillside Meadows first day of clinic.

Cost:	\$220.00/person
Age:	6 - 12 years old
Days:	Monday - Thursdays
Time:	9:00am - 12:00pm
Location:	Hillside Meadows Equestrian Center 111 George Hill Road, Grafton
Session 1	July 6 - July 9
Session 2	July 13 - July 16
Session 3	July 20 - July 23
Session 4	July 27 - July 30
Session 5	August 3 - Aug. 6
Session 6	August 10 - 13
Session 7	August 17 - 20
Register by:	1 week prior to session

Summer 2015

	First KIX
Cost:	\$85.00/person
Age:	3 - 5 years old
Date:	July 27, 2015 – July 31, 2015
Time:	9:00am -10:00am
Location:	Grafton Lions Club 68 Brigham Hill Road
Instructor:	Best Soccer
Register by:	July 20, 2015

Soccer Clinics

Each daily session includes foot skills, drills, tactical and technical practices, and small-sided games. Skills are learned through passive then active pressure and then perfected with a game-related activity. Players are challenged each and every session. All this is accomplished while still promoting sportsmanship and fun! Please bring a water bottle and shin guards.

All fees include BEST Soccer t-shirt and ball.

	SKILZ Half Day
Cost:	\$140.00/person
Age:	5 and over
Date:	July 27, 2015 - July 31, 2015
Time:	9:00am - 12:00pm
Location:	Grafton Lions Club 68 Brigham Hill Road
Instructor:	Best Soccer
Register by:	July 20, 2015

Full day participants should bring a lunch and something to drink.



	SKILZ Full Day
Cost:	\$240.00/person
Age:	8 and over
Date:	July 27, 2015 - July 31, 2015
Time:	9:00am - 3:00pm
Location:	Grafton Lions Club 68 Brigham Hill Road
Instructor:	Best Soccer
Register by:	July 20, 2015

Summer 2015

Jr. Golf Lesson

Grafton Recreation, in conjunction with certified PGA golf pros from Highfields Golf & Country Club of Grafton will be offering Jr. golf lessons at Highfields Golf & Country Club.

Junior Golf Program - 3 consecutive days, 3 hours per day, for ages 7 through 13.
Class size: Min. 4, Max. 12

- Open to ages 7 thru 13 all ability levels.
- Comprehensive instruction on all aspects of the game. Including on-course instruction.
- Games and prizes.
- Groups will consist of max 6 to 1 student to teacher ratio.
- Focus is on individual development.
- Your child will work with the area's top coaches to become a better all-around golfer.
- We provide students a supportive environment for social and emotional development.
- Your child will receive plenty of individual instruction tailored to their skill level.

	Summer Sessions
Cost:	\$175.00/person
Age:	7 - 13 years old
Days: Time	Tuesday - Thursday 9:00am - 12:00pm
Location:	Highfields Golf & Country Club
Rain Date	Friday
Instructor	PGA Golf Pros
Register by:	1 week prior to session
Session 1	July 7 - July 9
Session 2	July 14 - July 16
Session 3	July 21 - July 23
Session 4	July 28 - July 30
Session 5	August 4 - August 6
Session 6	August 11 - August 13
Session 7	August 18 - August 20



Summer 2015

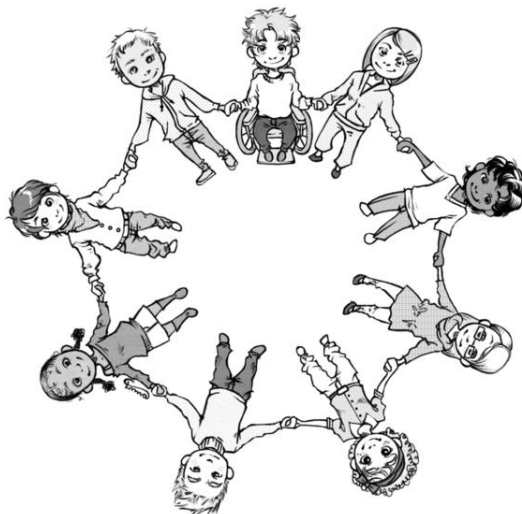
Friendship / Social Skills Program

The purpose of this program is to support the development of specific friendship / social skills that need to be developed or improved upon in each child and to provide group time to introduce and practice those skills so they can be transferred to other settings. Friendship skills can vary dramatically from child to child. Some friendship issues can be shyness, communication skills, the ability to handle common friendship problems, knowing when to be a leader and when to be a follower, or the ability to deal with peer pressure.

Children should bring a snack and a lunch.

The program will be run by School Psychologist Frank Sutton. Min 4 Max 15.

Cost:	\$230.00/person
Age:	Entering grades 2, 3, or 4
Date:	July 13 - 24, 2015
Time:	9:30am - 2:00pm
Location:	North Street School
Instructor	Frank Sutton
Register by:	June 26, 2015



Summer 2015

Leadership Program

This program will give your child the opportunity to gain critical leadership skills that will help make it easier to navigate life's challenges, as well as how to use these skills to help their peers. These skills are also valuable to have in college and the world of work to help make your child a well-rounded and successful student and an asset to future employers.

Written and experiential activities help children discover their own leadership potential and develop skills that guide them to act responsibly and make a difference in the world around them. Participants will gain a greater understanding of who they are, what matters to them, how that translates into leadership, and how leadership relates to everyday life. Written activities encourage reflection; "do something" activities call for commitment and action. Both enable children to reach new levels of leadership.

Children should bring a lunch and a snack.

This program will be run by School Psychologist Frank Sutton who has previously run the program for many years. Min 4 Max 20.

Cost:	\$230.00/person
Age:	Entering grades 6, 7 or 8
Date:	August 3 - 14, 2015
Time:	9:30am - 2:00pm
Location:	North Street School
Instructor	Frank Sutton
Register by:	June 26, 2015



Summer 2015

Certification Baby Sitting Class

Grafton Recreation, in conjunction with UMass Memorial Family Education Department, is offering an 8-hour certified babysitting class. You must be 11 years old to take this class. Please bring a doll or teddy bear with you to this class. Please also bring a drink, snack and lunch. **You must attend all two days in order to receive your certification.**

Cost:	\$60.00/person
Age:	11 - 14 years old
Date:	July 1 & 2, 2015
Time:	10:00am - 2:30pm
Location:	Grafton Municipal Center
Instructor	Mrs. Cecilia Thurber
Register by:	June 26, 2015



Summer 2015

Baseball Clinic

This clinic will improve your techniques. Refine your current skills and introduce more advanced techniques. Be challenged by players in your own peer group. In this clinic you will be conditioning, hitting, base running, and drills. At the end of each day, there will also be a scrimmage game played. Apply sunscreen before attending. Please bring plenty of water, sunscreen, and a hat along with your glove and your own bat if you prefer.

Cost:	\$105.00/person
Age:	6 - 12 years old
Dates:	July 13, 14, 15 16
Time:	8:30 am – 11:30 am
Location:	Ferry Street Park
Rain Date	Friday, July 17, 2015
Instructors	High School Coaches
Register by:	1 week prior to session



Summer 2015

Parking Regulations for Silver Lake Beach

Silver Lake Beach will open on Sunday, June 21, 2015 and close on Saturday, August 29, 2015 (tentatively).

Beach hours are as follows (weather permitting):

11:00 a.m. to 7:00 p.m.

Sunday through Saturday

Beach Sticker Fees:

Grafton Resident Fee	\$40 first vehicle per household \$25 each additional Must have registration for each vehicle.
Grafton Senior Citizen Fee (over 65)	\$10 (one Beach Permit per address only)
Non-Resident Fee	\$75 per vehicle
Daily Pass Fee	\$5 per person per day

(Under 2 no charge when accompanied by an adult over 18)

These rules and regulations are intended to promote the safety and convenience of all who use the facilities at Silver Lake Beach, as well as allow for maximum use of our parking area. To that end, these parking regulations will be strictly enforced.

Beach stickers can be purchased online and picked up at the Recreation Office or Silver Lake Beach. Daily Passes are only available at the beach. Please bring confirmation of program registration and your Motor Vehicle Registration when picking up pass. Seniors must bring proof of age to receive your discounted pass.

Any person wishing to park a vehicle at Silver Lake and use the facilities must obtain a user permit. To obtain a permit you must bring a valid Registration from the car you will be parking at Silver Lake. Permits will be issued in accordance with the provisions listed below and must be permanently affixed to the vehicle for which it is issued. All parking at Silver Lake Beach is at vehicle owner's risk.

Apply the permit to the front corner window (driver's side) of your vehicle. The sticker must be permanently affixed to the window. If permit is lost or misplaced, a replacement fee of \$25 will be charged. Permits are valid from June 21, 2015 through August 29, 2015.

Vehicles may park at Silver Lake only during posted hours. Vehicles must leave promptly at closing time. Vehicles must park in designated areas directed by staff. If the parking lot is full, vehicles MAY NOT park on Route 140. A parking lot attendant will be on duty.

ALL PATRONS MUST FOLLOW ANY DIRECTION GIVEN BY THE ATTENDANT OR BY OTHER STAFF AT SILVER LAKE.

Large parties (over 10) must report to the Grafton Recreation Commission Office.

Beach hours may change daily due to weather conditions. Please check town web site for beach updates or call the Grafton Recreation Commission Office at **508-839-5335, ext. 1156**, to check on the status of the beach hours.

Summer 2015

Hot Dipity Dog

Dates:	Saturday, June 20, 2015
	Sunday, August 30, 2015
Time:	11:00am - 2:00pm
Location:	Silver Lake Beach

Bring your four-legged family member for a swim at Silver Lake Beach. Baggies will be provided, but owners are responsible for cleaning up after their dogs. Donations of pet supplies, toys, bedding, food, and newspapers for a local shelter will be accepted.



4th Annual Regatta

Time:	12:00pm - 2:00pm
Date:	Saturday, July 4, 2015
Age:	Open to all ages Small Crafts
Time:	12:00pm - 1:00pm
Age:	8 years old and up Large Rideable (children must wear life jackets)
Time:	1:00pm - 2:00pm
Location:	Silver Lake Beach



Bring your homemade recyclable float.

Be creative!

We will have races, contests and FUN.

Summer 2015

Annual Build a Sand Castle Day

Which family team can build the best sand castle?

Please bring all your supplies and tools that you will need to build your masterpiece. We will provide the sand. Prizes will be awarded for the most creative and the original sandcastle.

Date:	Saturday, August 8, 2015
Time:	1:00pm - 5:00pm
Location:	Silver Lake Beach



Summer 2015

Swim Lessons

Days:	Monday – Friday (NO MAKE UPS) Recreation cannot control the weather
Location:	Silver Lake Beach 245 Upton Street (Route 140), Grafton
Instructors:	Red Cross certified staff
Session 1:	July 6 – July 17
Session 2	July 20 - July 31
Session 3	August 3 - August 14
Saturday Classes	June 27, July (no July 4) 11, 18, 25, August 1, 8, 15, 22 (NO MAKE-UPS)

Fee:

\$55 per participant, plus one time first vehicle \$25 beach sticker
\$45 for second child
\$20 for additional family members

Level I, Ages 3 and 4

This course is designed to help the non-swimmer feel comfortable in the water and enjoy the water safely. We will introduce bubble blowing, kicking with support, basic arm movements, and floating with support. Emphasis will be on having fun while learning the basics.

Class Times:

Monday-Friday



9:45 am – 10:45 am	1 class, 5 student limit
11:30 am -12:30 pm	1 class, 5 student limit
1:00 pm - 2:00 pm	1 class, 5 student limit
6:00 pm - 7:00 pm	1 class, 5 student limit

Saturdays: June 27, July (no July 4) 11, 18, 25, August 1, 8, 15, 22

10:00 am - 11:00 am	1 class, 5 student limit
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Summer 2015

Swim Lessons Cont.

Level II, Ages 5 and 6

This class will be focusing on beginner level skills. Children will be working on front and back floats, blowing bubbles, kicking, and the introduction of the front crawl. The objective of the class is to give students success with swimming. Students must be able to put their face in the water comfortably for a three second count.

Class Times:

Monday-Friday

9:45 am - 10:45 am	1 class, 6 student limit
11:30 am - 12:30 pm	1 class, 6 student limit
3:00 pm – 4:00 pm	1 class, 6 student limit
6:00 pm - 7:00 pm	1 class, 6 student limit

Saturdays: June 27, July (no July 4) 11, 18, 25, August 1, 8, 15, 22

10:00 am - 11:00 am	1 class, 6 student limit
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Level III, Ages 7 and up

Students are given an introduction to the elementary backstroke as well as treading water. They also will learn to coordinate and improve the front crawl and backstroke. Some shallow diving will be introduced.

Class Times:

Monday-Friday

9:45 am - 10:45 am	1 classes, 12 student limit per class
1:00 pm - 2:00 pm	1 class, 6 student limit
6:00 pm - 7:00 pm	1 class, 6 student limit

Saturdays: June 27, July (no July 4) 11, 18, 25, August 1, 8, 15, 22

10:00 am - 11:00 am.	1 class, 6 student limit
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Summer 2015

Swim Lessons Cont.

Level IV

Students work on improving their strokes and increasing their endurance. We will be reviewing the elementary backstroke, front crawl, back crawl, treading water, and shallow diving. The instructor will introduce the breaststroke, sidestroke, and rhythmic breathing.

Class Times:

Monday-Friday

10:00 am - 11:00 am	1 class, 8 student limit
1:00 pm - 2:00 pm	1 class, 6 student limit
6:00 pm - 7:00 pm	1 class, 8 student limit

Saturdays: June 27, July (no July 4) 11, 18, 25, August 1, 8, 15, 22

9:00 am - 10:00 am	No limit
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Levels V

Advanced swimmers looking to improve their strokes; Front crawl, Bi-lateral breathing, back crawl with body roll, breast stroke using glides, side stroke with inverted kick and other fun advanced skills.

Class Times:

Monday-Friday

9:45 am - 10:45 am	No limit
6:00 pm - 7:00 pm	No limit

Saturdays: June 27, July (no July 4) 11, 18, 25, August 1, 8, 15, 22

9:00 am - 10:00 am	No limit
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Summer 2015

Swim Lessons Cont.

Levels VI

Advanced swimmers : Must have passed level 5. This class endorses swimming and increasing distance everyday. An endurance swimming test will be given before and after each session for comparison.

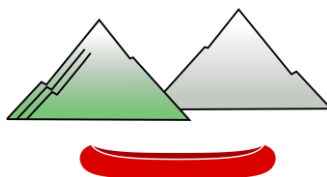
Class Times:

Monday-Friday:

Session 1: July 6 - 17	6:00 pm – 7:00 pm	No limit
Session 2: July 20 - 31	9:45 am – 10:45 am	No limit
Session 3: August 3 - 14	6:00 pm – 7:00 pm	No limit

Saturdays: June 27, July (no July 4) 11, 18, 25, August 1, 8, 15, 22

9:00 am - 10:00 am	No limit
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Parent Tot A	
Cost:	
Time:	10:00 am - 10:45 am
Date:	Saturdays June 27, July 11, 18, 25 August 1, 8, 15, 22 No Class July 4
Age:	6 months - 18 months Parent must enter water with child.
Location:	Silver Lake Beach

Parent Tot B	
Cost:	
Time:	10:00 am - 10:45 am
Date:	Saturdays June 27, July 11, 18, 25 August 1, 8, 15, 22 No Class July 4
Age:	19 months - 3 year old Parent must enter water with child.
Location:	Silver Lake Beach

Summer 2015

Swim Lessons Cont.

New Saturday Swim Classes

Extra Special Me 3 - 5 year olds

This class is designed for children 1-on-1 with a parent / guardian for children that may be over nervous, shy or has other problems. The parent/guardian with guidance from the instructor will help parents reach attainable goals. This will be done through play, sing, and games with groups and individual.

Cost:	
Time:	9:00 am - 10:00 am
Date:	Saturdays June 27, July 11, 18, 25 August 1, 8, 15, 22 No Class July 4
Age:	3 - 5 year olds
Location:	Silver Lake Beach

Water DOESN'T SCARE ME! 6 – 10 year olds

This class is designed for children who are apprehensive or afraid of the water. This will be an instructor-lead class. Parents must be ready to assist the instructor if needed. This means ready to enter water if need be. This is not a swimming lesson class but will prepare your child in the skills to succeed in group lessons.

Cost:	
Time:	9:00 am - 10:00 am
Date:	Saturdays June 27, July 11, 18, 25 August 1, 8, 15, 22 No Class July 4
Age:	6 - 10 year olds
Location:	Silver Lake Beach



Summer 2015

Swim Lessons Cont.

**NEW Private Lessons all ages.
Four 45-minute sessions.**

Cost:	\$140.00
Time:	12:00pm - 12:45pm 1:00pm - 1:45pm 2:00pm - 2:45pm 3:00pm - 3:45pm 4:00pm - 4:45pm
Instructors	Red Cross certified staff
Session 1	Sundays: June 28, July 5, 12, 19
Session 2	Sundays: July 26, August 2, 9, 16
Session 3	Monday-Friday: August 3 - August 14
Class size	Minimum 1 person, 2 Max

**In case of severe weather during swim lesson time (thunder, lightning), there will be no classes.
The first day of lessons will consist of testing swimmers' levels.**

For swim cancellation check your e-mails or facebook.



Fall 2015

Cost:	\$75.00/first child \$65.00/second child \$55.00/third child
Age:	Grades 4 - 8
Register by:	August 1, 2015

Youth Flag Football

This is a great opportunity for incoming 4th through 8th grade boys and girls to learn the game, work on football skills, and have fun. Flag football is a streamlined 7-on-7 game that

allows all players the flexibility to play offensive and defensive positions. No pads are needed and team shirts and mouth guards are provided. The season will run September into November. There is one practice a week and one in-town game on Sundays.

**Registration deadline is August 1, 2015.
THERE WILL BE NO LATE REGISTRATION ACCEPTED
Please register early as the program has limited space.**

Evaluations will take place Saturday August 8, 2015 at Ferry Park. Details will be communicated in July.

Please register on line at www.graftonrec.com sign up as a member. If you do not wish to use a charge card come into the office for help.

Volunteer Opportunities

Please indicate on the registration form if you can help with coaching or lining fields. There is coaching shortage. Please email ffgrafton@gmail.com.

